**Patient Name:** OLIVEIRA, MARIA ALICE

**Date of Birth:** 08/14/1966

**Date of Service:** 11/22/2021

**History of Present Illness:**  
Patient presents for a followup orthopedic evaluation. Patient states that PT is not helping for shoulder or hip pain. She wants to wait for shoulder surgery until February 2022 due to daughter's pregnancy. Patient did not take prescribed Naproxen.

Patient complains of right shoulder pain.

**Past Medical History:**  
Thyroid disease.

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
Iodine, Codeine.

**Social History:**  
 Smoking.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation.

**Diagnostic Imaging:**  
None reviewed.

**Assessment and Plan:**  
Recommend right shoulder arthroscopy, needs medical clearance.

The patient has failed conservative management which has included physical therapy, oral medications, and injections. The MRI was reviewed with the patient as well as the clinical examination findings. I have gone over all treatment options with the patient. At this time, I have discussed the benefits and risks of right shoulder arthroscopy, acromioplasty, subacromial decompression, debridement of rotator cuff versus possible rotator cuff repair, biceps tenotomy versus tenodesis and all other related procedures with the patient. I answered all their questions in regards to the procedure. The patient verbally consents to the procedure and will be scheduled on 02/21/2022 at HealthEast.

The patient’s Right Shoulder was examined.  
Patient is to return to the office in 4 months.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**